

# SABIN FAMILY NEWSLETTER

May 21, 2024

[www.sabin.cps.edu](http://www.sabin.cps.edu)

## END OF THE YEAR CELEBRATIONS!

As the year wraps up, there are so many things for the Sabin family to celebrate!

Sabin's Pre-K and Kindergarten students and their families will be joining together for a celebration on June 5th, in the auditorium. Our 8th grade students are gearing up to say goodbye to Sabin over the coming weeks. They will finish their year with various celebrations including a class picnic, celebration at a Maggiano's luncheon and with their final graduation celebration on May 31st! We wish them the best as they transition into high school!

The Sabin Hawks athletes have had a record-breaking year. All of the athletes will be celebrated during the May 28th Sports Banquets. The banquet will take place from 5-7pm.



## IMPORTANT UPCOMING DATES

- May 27th -Memorial Day - no school
- May 28 - 8th Grade Picnic
- May 28th - Sabin Sports Banquet
- May 30th - 8th Grade Luncheon
- May 31st - 8th Grade Graduation in the Sabin Auditorium at 10 AM
- June 3rd - LSC Meeting
- June 4th - Seal of Biliteracy awards for 5th grade
- June 5th - Pre-K Celebration, 9:00am
- June 5th - Kindergarten Celebration, 10:30 am
- June 6th - Sabin Field Day

## A WORD FROM SABIN ADMINISTRATION

Thank you to all the families who came out to the First Annual Sabin Block Party to celebrate our community, raise money and awareness for Sabin, and commemorate the end of the year. We are a special community, and you all showed up and showed out on Saturday- in the heat! We have had many more celebrations these last few weeks, read more info below on all the events we are hosting. Finally, we invite everyone to join the Sabin Float at the Puerto Rican Day Parade on June 8th at 2 PM. If you're interested in helping build the float, please contact the Sabin PAC President, Ms. Crystal, at [cjsansingvylonis@cps.edu](mailto:cjsansingvylonis@cps.edu). More info coming soon. Thank you for your continued partnership and support!

In community,  
Mr. Baker, Principal  
Ms. Roldan, Assistant Principal

## SEAL OF BILITERACY AWARDS

On Tuesday, June 4th we will be celebrating the achievement of our 5th grade dual language students in earning the Pathways to the Seal of Biliteracy Award! This designation signifies that our 5th and 8th grades are on the path to earning the Seal of Biliteracy when they graduate high school. Eighth grade students will receive their medals during the graduation on May 31st.



# SABIN FAMILY NEWSLETTER

May 6, 2024

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## SABIN BLOCK PARTY

Thank you to Friends and Parents of Sabin and to all who came out for Sabin's 1st Annual Block party! The block party featured live music, vendors, food, games, and performances! The day was hot but it was a success! Please be on the lookout for a Sabin Block Party Feedback Survey. The responses will be used to plan next year's event!



Top left: Sabin's very own mascot! Top Right: Students having fun playing in the water. Center picture: A view of the many participating vendors. Bottom picture: The Jesse White Tumblers performing!

## SABIN HAWKS SPORTS UPDATE

On Saturday morning, Sabin girls' soccer began their day with a win! This win secured them a spot in the playoff semi-finals! After their second win of the day, they advanced to the championship game. After their third game of the day, the Sabin Hawks girl's soccer team walked away with the Site Championship plaque!! Way to go, Sabin Hawks!!



# SABIN'S COUNSELING CORNER

## SOCIAL-EMOTIONAL LEARNING NEWSLETTER



### A note from the counselor:

Children exhibit many complex feelings- frustration, jealousy, worry, embarrassment, etc. It is important that kids are able to correctly identify feelings.. Once children are able to talk about how they are feelings and can openly express these emotions, they are able to develop the skills needed to manage those feelings in appropriate ways. For example, a child who understands what scared means and can say "I was scared when you left." is less likely to react by screaming, defiance or through aggression. Books like "The Color Monster" by Anna Llenas are a great way to start the discussion of feeling identification!

😊 Ms. Avery

### It's okay to feel how I feel..

I FEEL ANGRY WHEN \_\_\_\_\_

I FEEL HAPPY WHEN \_\_\_\_\_

I FEEL PROUD WHEN \_\_\_\_\_

I FEEL EMBARRASSED WHEN \_\_\_\_\_

I FEEL \_\_\_\_\_ WHEN \_\_\_\_\_

I FEEL \_\_\_\_\_ WHEN \_\_\_\_\_

### Identifying Feelings at Home:


#### HOW CAN WE REENFORCE THIS AT HOME?

- IF YOU ARE WATCHING TV OR READING A BOOK, PAUSE AT ONE POINT AND SAY "HOW DO YOU THINK THE CHARACTER IS FEELING RIGHT NOW?"
- IN THE MOMENT OF HAVING A BIG FEELING, SPEAK OUT LOUD AND TELL YOUR CHILD HOW YOU ARE FEELING AND WHY. IF SOMEONE CUTS YOU OFF IN TRAFFIC, YOU HAD A TOUGH DAY AT WORK, OR CAN'T FIND YOUR KEYS, USE THOSE MOMENTS! IT'S IMPORTANT FOR KIDS TO SEE THAT IT IS OKAY TO FEEL THESE FEELINGS BECAUSE THEY ARE A PART OF LIFE. THEY ALSO NEED TO SEE YOU CAN BOUNCE BACK FROM SET BACKS.
- POINT OUT WHEN YOU NOTICE YOUR CHILD HAVING A PARTICULAR FEELING. (EX. IT SEEMS LIKE YOU ARE GETTING FRUSTRATED WITH YOUR HOMEWORK BECAUSE YOUR FACE LOOKS LIKE THIS (MIMICK FACE) AND YOUR BODY IS DOING THIS (MIMICK BODY).

### Stay in touch :

Please allow for 24 hours for a response.

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